



## Welcome to the WSSCB Email Bulletin June 2018



### Mind of My Own (MOMO) App gathering pace!

The app in West Sussex has been recognised as the one of the 'Most Improved' and also 'Highly Commended' for being the Most Creative with their Comms when promoting the app. The team involved have been working really hard on getting young people and professionals using the app for gaining the voice of children in care.

The MOMO app is used by social care professionals in West Sussex as a tool to communicate with looked after children and young people aged 10-17 that they are working with.

Watch a [video of the app](#) in action, for more information [click here](#) or for young people's information [click here](#).

The Community Safety & Wellbeing Team (CSWB) is asking West Sussex Parents & Carers for their views & experiences in relation to keeping their children safe online.

They are looking to establish what parents & carers main concerns are when parenting in the digital age and what challenges they have faced. They want to understand how confident parents & carers are when dealing with these issues and if they know where to go for help, advice & support.

They also want to know about the types of resources parents utilise, are aware of and have available to them, as well as the resources they really value in helping them to better support their young people.

The aim of the survey is to assist in identifying if any further resources may need to be developed, or to raise awareness of existing resources and how they can better support parents and carers in this area.

The online survey will be run from 29th May 2018 for 6 weeks to try and capture parents & carers views across the County and we would encourage as many people as possible to take part.



Respondents can click [here](https://haveyoursay.westsussex.gov.uk/communities-public-protection/parent-online-safety) to take part or use this link:  
<https://haveyoursay.westsussex.gov.uk/communities-public-protection/parent-online-safety>



Would the parents and carers of the children you work with know how to help their child if they started **choking**? Now that the weather is warming up, children may well be having picnics in open air spaces such as fields, parks and other areas where there aren't many other people around to call upon if help was needed in an emergency. Picnic food such as grapes, tomatoes, apple pieces and small sweets can be choking hazards and it is important that parents, carers and professionals working with children and young people know how to deal with a choking emergency. There are ways to reduce the risk of choking such as cutting food up into safer shapes. For example making sure grapes are cut in half **LENGTHWAYS** and ensuring children are sat down when they eat rather than running around. Click [here](#) to view a video showing you how to deal with a choking child and click [here](#) to view a video showing you how to deal with a choking baby under the age of 1 year. Click [here](#) to read information on choking and ways to prevent it.

**I won't go with strangers** is a newly published book aimed at 3-6 year olds and is designed to highlight the importance of keeping safe from strangers. Lu is waiting to be picked up from school. She waits on the pavement alone. One by one, adults Lu has met before offer to take her home, but she refuses until the person who is supposed to pick her up arrives. Story shows how clear rules and arrangements can help protect and empower children during especially vulnerable times of day. This also includes a list of resources for parents. Click [here](#) to view this book. Why not pass this link onto parents and carers and encourage them to use this resource with their children to promote conversation about staying safe.



**Congratulations** to one of our Board members!! Mrs Rachelle Louise Freeguard who is a Higher Officer for Border Force, Gatwick Airport received an MBE in the Queen's birthday honours list for services to safeguarding to the Prevention of Trafficking and Border Security. Well done Rachelle!



If you attended one of our WSSCB training courses between September 2017 and March 2018 you will have completed a **"How Effective are our Key Training Messages?"** survey. We gathered over 150 returns and your



Here to help

responses to those questions have given us some really useful feedback on some of the key documents available to support practitioners in their safeguarding role. To clarify who may find certain documents and resources the most useful in their role and how to use them effectively, click [here](#). We have tried to make this resource as user friendly as possible so any feedback you have on how you have found this is always welcome!



The updated **Keeping Children Safe in Education** document has now been published and comes into effect on 3<sup>rd</sup> September 2018.

Until this date schools and colleges should continue to have regard for the current Keeping Children Safe in Education 2016. Click [here](#) to read the briefing updates. Click [here](#) to read the revised Keeping Children Safe in Education guidance in full.



**Safeguarding Month** is taking place this **November** and there will be lots of learning opportunities to get involved in. Why not start making plans in your own organisation about how you could raise awareness of safeguarding. Having a whole month will enable you to spread out activities and opportunities to share with children, young people and their parents and carers. We are really keen to hear your plans and we could include you in our Safeguarding Month shout outs so get your thinking caps on

If you have anything you feel would be useful to include in next months' email bulleting please get in touch!!

Kind Regards,

Lucy



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