

Specialist CAMHS Consultation Line



- Do you work with Children and Young People?
- Are you concerned about their current emotional or mental health?
- Would you find it useful to discuss how best to meet these needs?

The Specialist CAMHS consultation line provides an opportunity to talk with a mental health professional. They will be able to offer advice on referring to Specialist CAMHS or to discuss alternative strategies/services that will best meet a young person's needs.

The line is available 12-1 Monday to Friday on the numbers below. If the number is busy please leave a voicemail message between 12-1 and your call will be returned by a CAMHS worker the same day.

West 'area A' 07765075951:

**Chichester, Bognor and
Midhurst**

Coast 'area B' 07786110157:

**Worthing, Littlehampton,
Adur and Steyning**

North 'area C' 07917053468:

**Mid Sussex, Horsham,
Crawley and East Grinstead**